

## Activity Quiz 3

# The Safe Food Handler



Name \_\_\_\_\_ Date \_\_\_\_\_

### True or False?

- ① \_\_\_\_\_ You should wash your hands after taking a break to smoke.
- ② \_\_\_\_\_ You should not have painted fingernails when prepping food.
- ③ \_\_\_\_\_ Wearing a dirty uniform or apron can contaminate food.
- ④ \_\_\_\_\_ Use hand antiseptic before washing hands.
- ⑤ \_\_\_\_\_ Cut-resistant gloves must be smooth and nonabsorbent.

### Handwashing Steps

Put the handwashing steps in the correct order.

- ① \_\_\_\_\_ A Vigorously scrub hands and arms for at least 10 to 15 seconds.
- ② \_\_\_\_\_ B Apply enough soap to build up a good lather.
- ③ \_\_\_\_\_ C Dry hands and arms with a single-use paper towel or a hand dryer.
- ④ \_\_\_\_\_ D Wet your hands and arms with warm running water.
- ⑤ \_\_\_\_\_ E Rinse your hands and arms thoroughly under warm running water.

### Actions That Can Contaminate Food

Place an **X** next to each action that can contaminate food.

- ① \_\_\_\_\_ Touching your hair, face, or body
- ② \_\_\_\_\_ Wearing a hat while prepping food
- ③ \_\_\_\_\_ Handling money
- ④ \_\_\_\_\_ Wearing a clean apron
- ⑤ \_\_\_\_\_ Sneezing, coughing, or using a tissue

### Exclude or Restrict?

Write an **E** next to the statement if the food handler should be excluded from the operation. Write an **R** next to the statement if the food handler should be restricted from working with or around food.

- ① \_\_\_\_\_ A food handler at a hospital has a sore throat and a fever.
- ② \_\_\_\_\_ A food handler at a nursing home has jaundice from an infectious condition.
- ③ \_\_\_\_\_ A food handler at a restaurant was vomiting this morning from an infectious condition.
- ④ \_\_\_\_\_ A food handler at a restaurant has been diagnosed with an illness caused by *Salmonella* Typhi.

## Answer Key

### True or False?

- ① T
- ② T
- ③ T
- ④ F
- ⑤ T

### Handwashing Steps

- ① D
- ② B
- ③ A
- ④ E
- ⑤ C

### Actions That Can Contaminate Food

1, 3, and 5 should be marked.

### Exclude or Restrict?

- ① E
- ② E
- ③ E
- ④ E